

SAFE PAIN MEDICINE PRESCRIBING FOR URGENT CARE

- We care about you and understand that pain relief is important.
- Pain relief can be complex and mistakes or misuse can cause serious health problems, even death.
- We only provide pain relief options that are safe and best for you.



FOR YOUR SAFETY, WE FOLLOW THESE RULES OF CARE WHEN HELPING WITH YOUR PAIN

- We are trained to treat an emergency or urgent condition. We use our best judgment and follow all legal and ethical guidelines.
- Only one health care provider and one pharmacy should help you with your pain.
- If pain prescriptions are needed, we will only give a limited amount.
- Before prescribing, we check the CURES 2.0 statewide computer system to track narcotic pain medicines and other controlled substance prescriptions.
- We do not refill lost or stolen prescriptions, and we do not provide missed doses.
- We do not prescribe long-acting pain medications such as OxyContin or Fentanyl.
- We do not usually give shots for flare-ups of chronic pain.
- We strive to prescribe medications with a lower risk of addiction or overdose.
- Health care laws, including HIPAA, allow us to request your medical records and share information with others who treat you.
- We may ask you to show a photo ID when you receive a prescription.



If you need help with substance abuse or addiction, please call 805-981-9200
for confidential referral and treatment.

If an airliner crashed every week, would you notice?
Would you care?



The same number
of people are dying
each week from prescription
painkiller overdoses.

Because we care, **WE CHECK** your prescription history.

CDC guidelines have been released in response to this epidemic. Based on new research, they recommend not using prescription painkillers for chronic pain. Talk to your healthcare provider to determine the best treatment for you.



PREVENTING OPIOID ABUSE IN VENTURA COUNTY