



# Healthy Communities: Promoting Wellness & Achieving Health and Mental Health Equity ~Change the Conversation~

WEDNESDAY, MAY 2, 2018

8:00 AM – 1:30 PM

VENTURA COUNTY OFFICE OF EDUCATION

5100 ADOLFO ROAD, CAMARILLO

## WHY HEALTH EQUITY MATTERS

Health equity is achieved when everyone has the opportunity to live a healthier life, no matter who we are, where we live, or how much money we make. And while we can't currently ensure that everyone will be healthy, we can change the physical conditions in which people live, learn, work and play, one community at a time. These conditions are called the Social Determinants of Health and by improving these conditions we can ensure that everyone has the opportunity to achieve their full potential and improve their quality of life.

**Please join us as we change the conversation to look at health equity through a Social Determinants of Health lens.**

## FEATURED SPEAKERS

- **KEYNOTE SPEAKER:** Wm. Jahmal Miller, MHA, Director of Corporate Reputation & Thought Leadership, Blue Shield of California; Former Deputy Director, Office of Health Equity California Department of Public Health – *The Promise of Health Equity*
- Rigoberto Vargas, MPH, Director, Ventura County Public Health – *Social Determinants of Health: The Local Landscape*
- Manal Aboelata, MPH, Managing Director, Prevention Institute – *The Built Environment and Health Equity*

## WHO SHOULD ATTEND?

Policymakers. Educators. Mental Health Professionals. Community-Based Organization Leaders. Health Care Professionals. Public Health Leaders. Planners & Transportation Professionals.



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**REGISTER ONLINE: [www.healthy-communities.eventbrite.com](http://www.healthy-communities.eventbrite.com)**

Light Breakfast and Lunch will be provided