



Designing a Healthier Community

~Join the Conversation~

FRIDAY, NOVEMBER 16, 2018

8:00 AM – 12:00 PM

VENTURA COUNTY OFFICE OF EDUCATION
5100 ADOLFO ROAD, SALON B, CAMARILLO

Can the Built Environment Build Community?

Health starts where you live, learn, work and play. The built environment is everything we have made to live our lives including homes, places of business, public spaces, and parks and recreational areas-or lack thereof.

A healthy community depends on human, institutional, organizational and environmental resources available within the community. The physical design of a community - the built environment - affects health every time a person steps out of the front door and into their neighborhood. Community happens when people connect with each other. The built environment can encourage interaction or hinder it.

Establishing the design of a healthy community is a complex issue and is not an issue that can be solved by any one organization. Everyone has a role in building a healthy community. Local actions support quality of life as well as create stronger, healthier communities. Join the conversation & get involved!

FEATURED SPEAKERS

- **KEYNOTE SPEAKER: "Designing Healthy Communities,"** Richard J. Jackson, MD, MPH, is Professor Emeritus of Environmental Health Sciences at the Fielding School of Public Health at UCLA. Author of book and PBS series "Designing Healthy Communities."
- **"Exploring the Local Landscape of Healthy Communities,"** Rigoberto Vargas, MPH, Director, Ventura County Public Health

WHO SHOULD ATTEND?

Policymakers, Educators, Mental Health Professionals, Community-Based Organization Leaders, Health Care Professionals, Public Health Leaders, Planners & Transportation Professionals.



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REGISTER ONLINE: <https://healthy-communities.eventbrite.com>

Healthy Breakfast and Refreshments will be provided