



Healthy Communities: Promoting Wellness & Achieving Health and Mental Health Equity ~Change the Conversation~

WEDNESDAY, MAY 2, 2018 • 8:00 AM – 1:30 PM

VENTURA COUNTY OFFICE OF EDUCATION • 5100 ADOLFO ROAD, CAMARILLO

AGENDA

- 8:00-8:30 a.m. **Registration and Breakfast**
- 8:30-8:40 a.m. **Welcome and Introductory Remarks**
Johnson Gill, Director, Ventura County Health Care Agency
- 8:40-8:50 a.m. **Setting the Scene**
Selfa Saucedo, MPH, Ventura County Health Care Agency
Video: The Tale of Two Zip Codes
- 8:50-9:30 a.m. **KEYNOTE SPEAKER: Wm. Jahmal Miller, MHA,**
Director of Corporate Reputation & Thought Leadership at Blue Shield of California
Former Deputy Director, Office of Health Equity, California Department of Public Health
The Promise of Health Equity
- 9:30-9:50 a.m. Rigoberto Vargas, MPH, Director, Ventura County Public Health
Social Determinants of Health: The Local Landscape
- 9:50-10:00 a.m. **Break**
- 10:00-10:40 a.m. Manal Aboelata, MPH, Managing Director, Prevention Institute
The Built Environment and Health Equity
- 10:40-11:45 a.m. **Panel Discussion: Innovative Efforts to Advance Health Equity at the Community Level**
- **Housing:** Nancy Halpern Ibrahim, MPH, Executive Director, Esperanza Community Housing
 - **Built Environment:** Manal Aboelata, MPH, Managing Director, Prevention Institute
 - **Chronic Stress:** R. Bong Vergara, MSW, MA, Adjunct Assistant Professor, Department of Social Change and Innovation, USC Suzanne Dworak-Peck School of Social Work
- Moderator:* Daniel Hicks, VCBH Prevention Manager, Alcohol & Drug Programs
- 11:45-12:15 p.m. **LUNCH**
- 12:15-12:45 p.m. **Small Group Discussions:** Sharing solutions for a healthier community
- 12:45-1:00 p.m. **Regroup:** Share best solutions
- 1:00-1:25 p.m. **Closing Remarks:**
Moderators: Selfa Saucedo, MPH, Ventura County Public Health
Daniel Hicks, VCBH Prevention Manager, Alcohol & Drug Programs
- 1:25-1:30 p.m. **Action Steps**

