VCBH Alcohol & Drug Programs

Youth Services

...provides a broad range of services for alcohol and drug-related problems which include prevention services, assessment, treatment, crisis intervention and referral services to youth and families. Our programs are county-wide, with clinics located in Oxnard, Ventura, Simi Valley and Fillmore. Services consist of school programs, specialty court programs, and clinics serving the general community. The school-based programs are at Pacific High School, Frontier High School, and the Gateway Recovery Classroom. Referrals to our programs come through families, school counselors, teachers, community-based organizations, mental health providers, and probation.

Prevention Services

...works to prevent alcohol and other drug-related community problems using environmental and community change approaches. Programs help youth through support, referral services and outreach programs. Our initiatives are underage and binge drinking, impaired driving and other drugs of abuse. We contract with the Ventura County Office of Education “Friday Night Live” youth program, and Straight Up youth development project.

Outpatient Treatment Services

Services
• Services provided at our clinics in Oxnard, Ventura, Simi Valley and Fillmore
• Standard program for youth 12–17 years of age; Transitional-age youth program 18–21 years of age
• 3–9 month program
• Ten or less in a group
• Two groups per week; 1-½ hour sessions
• Confidential treatment services
• Individual and group counseling
• Family counseling
• Drug testing
• Drug Medi-Cal reimbursed

Curriculum
Youth Services programs use an evidence-based treatment curriculum. This is not a 12-step based program, but rather an intensive outpatient model for youth with alcohol and other drug-related problems. Our evidence-based treatment curriculum is a research and scientifically based curriculum for working with adolescents.

Our curriculum consists of individual, group and family sessions, and parent and youth substance use education groups. The primary goal of the curriculum is to improve the lives of individuals and families affected by alcohol and other drug use through treatment and education, with an emphasis on relapse prevention.

In our Community

In collaboration with law enforcement, educators, parents and community groups, we are taking steps to make our path for our youth a safe one and help to sustain healthy communities in Ventura County. A snapshot of our efforts:

• Host “Reality Parties” through Straight Up Reality Improv; to teach parents about underage drinking parties. Straight Up youth want parents to face the current realities and learn how adults can help to change these dangerous social norms in Ventura County.
• Give educational presentations in local schools to educate teachers and parents about the dangers of alcohol and drug use.
• Provide cities with Alcoholic Energy Drinks warning signs in retail establishments.
• Partner with law enforcement targeting DUI prevention efforts.
• Talk to parents and youth about prescription and over-the-counter drug abuse and help to establish safe disposal bins in local police stations.
• Work to ensure safe alcohol retail practices in our cities.

Young Adult DUI Program

Our Young Adult DUI Program for 18–25-year-olds targets the transitional age youth with a DUI offense. The Young Adult Program includes educational sessions, group and individual counseling, our curriculum is specific to changing substance use related behaviors and preventing future DUI offenses. Along with counseling and family involvement, the program emphasizes increasing awareness of the dangers of impaired driving and risks associated with this behavior.

VCBH Human Services Agency
Ventura County District Attorney
Ventura County Superior Court
Ventura County Office of Education
Ventura County Mental Health
Ventura County Public Defender
Ventura County Probation Agency
Ventura County Public Health
WHY VENTURA COUNTY ALCOHOL & DRUG PROGRAMS?

• Multi-lingual staff & programming
• Evidence-based treatment model
• Standardized assessment and validated screening tool
• State certified alcohol and drug counselors
• Licensed staff
• Therapist referrals
• Licensed Drug Medi-Cal provider
• Employment internship opportunities
• Clinics across the county
• Outcome-driven services
• Medical screening by qualified physician assistants
• State and national recognition awards for excellence in service

Ventura County Alcohol and Drug Programs is committed to working with each and every family in order for adolescents to receive the services they need. Our trained staff will review every possible means to cover these costs by qualifying youth for Drug Medi-Cal substance use benefits.

Ventura County Alcohol and Drug Programs provide high quality, affordable behavioral healthcare and substance use treatment services. We are fully licensed and certified by the State of California.

Rules for acceptance and participation in the program are the same for everyone without regard to race, color, national origin, age, sex, or disability. We encourage culturally competent and language appropriate collaborations with families, professionals, and communities.

One of the best feelings is having kids who come from rock bottom start to move to new levels of understanding, and then say “thank you” for helping them on the path to recovery.

— John Rivera, Adolescent Alcohol and Drug Treatment Specialist

OUTPATIENT TREATMENT PROGRAMS

Ventura Center
24 East Main Street
Ventura, CA
805-652-6919

Simi Valley Center
3150 Los Angeles Avenue
Simi Valley, CA
805-577-1724

Oxnard Center
1911 Williams Street
Oxnard, CA
805-981-9200

Fillmore Center
828 Ventura Street, Suite 250
Fillmore, CA
805-524-8644

Clinic Hours: Monday-Friday: 8:00 am to 5:00 pm.

For more information about our Youth Services Programs call 805-981-9200.